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Health and Adult Social Care Overview and Scrutiny Panel (Reviews)

Monday 4 October 2010

PRESENT:

Councillor Ricketts, in the Chair. Councillor Coker, Vice Chair. Councillors Delbridge and Viney.

Apologies for absence: Councillor Bowie

Also in attendance: Pam Marsden (Assistant Director, Adult Social care), Julia Penfound (Head of Modernisation, Adult Social Care), Debbie Butcher (Commissioning Manager, Adult Social Care), Jo Yelland (Programme Lead for Putting People First and Integration, Adult Social Care), Giles Perritt (Lead Officer)

The meeting started at 3.00 pm and finished at 5.25 pm.

Note: At a future meeting, the committee will consider the accuracy of these draft minutes, so they may be subject to change. Please check the minutes of that meeting to confirm whether these minutes have been amended.

1. **DECLARATIONS OF INTEREST**

There were no declarations of interest in accordance with the code of conduct.

2. CHAIR'S URGENT BUSINESS

There were no items of Chair's urgent business.

3. TASK AND FINISH GROUP RECOMMENDATIONS (Pages 1 - 20)

The Task and Finish Group met on two separate occasions and considered the consultation process and proposals regarding the following –

- a. the Modernisation of Short Break Services for People with a Learning Disability;
- b. the Fairer Contributions Policy: Charging within a Personalised System;
- c. Residential Care: Update on Modernisation of Older People's Services.

Resolved that the Overview and Scrutiny Management Board is recommended to consider and accept the recommendations 1-10 outlined in

the summary of recommendations of the Task and Finish Group's report attached as an appendix to these minutes.

4. **EXEMPT BUSINESS**

There were no items of exempt business.



Health and Adult Social Care Overview and Scrutiny Panel Task and Finish Group Scrutiny Review – Report October 2010

MODERNISATION OF ADULT SOCIAL CARE

Plymouth City Council

Health and Adult Social Care Overview and Scrutiny Panel October 2010

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INTRODUCTION

The Health and Adult Social Care Overview and Scrutiny Panel scrutinises matters relating to health and public health and hears the views of local residents, with a view to improving health services, reducing health inequalities and improving the health of local residents. The panel also scrutinises the impact of the Council's own services and of key partnerships on the health of its population.

Three reports were presented to the Cabinet in August 2010 requesting permission to consult on proposals regarding the modernisation of Adult Social Care services.

Cabinet made recommendations to the Health and Adult Social Care Overview and Scrutiny Panel to consider the proposals at the beginning of the consultation and review them in light of outcomes at the end of the consultation process prior to them being presented to Cabinet in November. The Health and Adult Social Care Overview and Scrutiny panel reviewed the proposals and requested permission from the Overview and Scrutiny Management Board to set up a task and finish group to review the consultation process. This report summarises the scrutiny of the proposals.

The Council is required to take account of the recommendations contained within this report when making its decisions with regard to the modernisation of Adult Social Care Services within the City.

The findings and recommendations of this report represent the majority view of the Task and Finish group.

We would like to extend our thanks to the members of the Health and Adult Social Care Overview and Scrutiny Panel for their commitment in conducting this review. We would also like to thank the officers who took part in the review process.



Councillor Steven Ricketts, Chair



Councillor Mark Coker, Vice Chair

SUMMARY OF PROPOSALS

Modernisation of short break services for people with a learning disability

A short break is defined as "a session or more of care and support that enables a disabled or vulnerable individual to spend time away from the person(s) who provide them with regular and substantial care. This includes the provision of short breaks of day, evening and weekend activities as well as overnight stays. Such breaks can be provided in the individuals' own home or in another setting." (Valuing People Now)

Plymouth City Council currently provides residential facilities for carers of adults with learning disabilities in the following facilities:

Residential unit	Beds available	Occupancy 2008/09	No of people registered
Welby	10	83%	34
Colwill	10	81%	52

Welby has been providing a planned short break service for people with learning disabilities for over 20 years. It offers a city wide service, has 10 beds and the occupancy figures show that the demand is mainly for weekend breaks for carers. However, in recent years Welby has increasingly responded to requests to provide accommodation at short notice as a result of carers' breakdown or breakdown of other long-term care arrangements, especially for people with high support needs and challenging behaviour.

Colwill Lodge has been in operation since 1990 and is a purpose-built facility providing a city wide service for people with a profound learning disability and complex physical and health needs that require high levels of personal care.

The proposals for short break services link directly into the Council's corporate objectives around supporting users and carers and promoting independence (Corporate Improvement Priority (CIP) 3 Helping People to Live Independently and CIP 14 Providing Better Value for Money. The proposals around Welby Community Unit suggested that budget savings could be realised whilst ensuring no decrease in the amount of short breaks available. It was estimated that the full year financial saving will be approximately £400k per annum.

The way short breaks are offered to users and carers in the city require changes, particularly in light of a number of national strategies and policies including Putting People First and Valuing People Now. Both of these strategies promote person-centred planning and self-directed support. They emphasised the need to support people's independence and offer a wider range of innovative and alternative support than currently exists so that users and carers can exercise more choice and control over how they are supported. Proposals for consultation included –

- The decommissioning of the Welby Community Unit.
- Increased capacity at the Colwill Lodge facility.

 Further development of personal budgets and the re-provision of residential respite and short breaks.

Fairer contributions policy, charging within a personalised system

Original Fairer Charging Guidance (2003) was designed for an era of traditional local authority social care provision where people received services arranged by a local authority. Plymouth City Council responded to this guidance and last reviewed its charging policy in 2007. The charging approach that has evolved includes a mixture of standard flat rate charges that vary according to the type of service and the provider.

Under the current charging scheme, income from charging contributes approximately 8% of the funding available for non-residential care services in Plymouth. Community service users contributions to care costs in 2009/10 were £3,300,000. About half of all service users do not contribute any direct funding to their care costs due to their low income and less than 1% contribute the maximum amount currently capped at £270 per week.

The fairer charging policy was based in new national strategies for both Carers and Putting People First. These strategies emphasised the need to significantly increase opportunities for people to have greater choice and control by introducing individual budgets and expanding direct payments. The proposals linked directly to the Council's corporate objectives outlined in CIP 3, Helping People to Live Independently and CIP 14, Providing Better Value for Money.

The Council is required to make changes to the charging policy under the Putting People First agenda, there were however some discretionary elements which form part of the consultation process, these were –

- The removal of disability related benefits from assessable income.
- Whether maximum contribution should be set at 100% of the personal budget.
- What transitional support ought to be put in place to help those people whose contributions have changed.
- How best to inform people of the change and how it will affect service users.

Modernisation of older peoples' services

Plymouth City Council currently provides residential facilities for Older People in the following facilities:

Residential Home	Bed availability	Bed occupancy
Frank Cowl House	Total 22	92.75%
	Current Occupancy	
	8 Long stay	
	12 Short stay	
Stirling House	Total 28	97.5%
	Current Occupancy	
	18 Long stay	
	6 Short stay	
Lakeside (specialist	29 long stay	94.96%
Dementia care facility)	1 Short stay	

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National strategies have emphasised the need to maximise independence, offer a wide range of alternatives to support older people and carers whilst promoting choice and control. In November 2009 Cabinet agreed to the re-provision of alternative respite services within the city, and changing the registration of Frank Cowl House and Stirling Residential Units to short-stay facilities.

Short Stay provision is usually arranged as interim accommodation whilst longer term plans are established to meet the individual's housing needs e.g. where certain adaptations need to be carried out to the person's own home prior to their return.

Over the last 4 years key partnerships have been developed with independent sector care providers and PCC Housing Strategy Team to deliver a range of options for people in relation to short stay provision and there is a good supply of this type of accommodation within the city.

This change of registration has been implemented through changing the use of a long-stay bed to short-stay when a vacancy has arisen. The proposals presented to Cabinet in July 2010 confirmed the Council's continued direction of travel and would include-

- Decommissioning Frank Cowl House
- Re-provisioning the current long term residential care in a new extra care scheme in Devonport.

SCRUTINY APPROACH

Task and Finish Group Objectives

The Group was asked to -

- Review and form an initial view of proposals at the beginning of the consultation period.
- Consider results of the 12 week consultation period.
- Review position regarding proposals and make recommendations to the Health and Adult Social Care Overview and Scrutiny Panel in light of consultation results.

Membership

The Task and Finish group had a cross-party membership comprising the following Councillors –

- Councillor Ricketts (Chair)
- Councillor Coker (Vice Chair)
- Councillor Delbridge
- Councillor Viney
- Councillor Bowie

For the purpose of the review, the joint task and finish group was supported by –

- Giles Perritt, Head of Policy, Performance and Partnerships
- Lisa Woodman, Community Services Business Support Officer
- Ross Jago, Democratic Support Officer

Methodology

The task and finish group convened on two occasions to consider evidence and hear from witnesses on the 24 August 2010 and 4 October 2010.

Members of the Task and Finish group aimed to review and make recommendations on the proposals in relation to -

- the modernisation of older peoples' services against the Council's short-term agenda and long-term vision for the future care and support of older people;
- the changes proposed to Adult Social Care charging policy and its impact on service users:
- the proposals around changing the future model of short breaks for people with a learning disability;
- the consultation process for the three proposed service changes to ensure that all stakeholders have had sufficient opportunity to respond to consultation activity and their views are taken into account:

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- the financial and resource implications (including staffing and land) with regard to the proposals;
- the impact on the overall health objectives of the city;
- how the proposals impact on the vision for Plymouth to become "one of Europe's finest, most vibrant waterfront cities, where an outstanding quality of life is enjoyed by everyone."

The Work Programme Request (PID) is attached as Appendix 1.

Members of the group considered background papers on the "Putting People First" agenda, reports of shared planning events a DVD on the Putting People First agenda and the results of the consultation process.

The group have carried out informative visits to extra care schemes, Frank Cowl House and the Welby Community Unit to meet with staff and service users. Information was captured on how residents have found the consultation process and how they viewed the proposals.

Background information

The task and finish group heard representations from –

- Julia Penfound, Head of Modernisation Adult Social Care
- Debbie Butcher, Commissioning Manager, Adult Social Care
- Jo Yelland, Project Lead Putting People First.

Background material made available to the group included:

- Cabinet Papers of the 13 July 2010
- Department of Health Putting People First: a shared vision and commitment to the transformation of Adult Social Care (2007)
- Department of Health Fairer Contributions Guidance: Calculating an Individual's Contribution to their personal budget (2009)
- Department of Health fairer charging policies for home care and other non-residential social services: guidance for Councils with Social Services responsibilities (2003)
- Putting People First Strategy
- Valuing People Now Strategy
- Briefing papers on consultation results
- Notes of the Task and Group meetings

KEY ISSUES ARISING FROM EVIDENCE

Short Breaks for people with learning disabilities.

- The consultation had shown that users and families wanted Welby to remain open, however families wanted to discuss alternatives for short breaks and respite care. Families and carers wanted reassurance that short breaks would continue and were keen to discover what could be available if Welby did close.
- The facilities at Welby are outdated and are not fully DDA compliant. People with complex physical disability needs cannot be supported at the unit
- There was further consultation activity to take place in order for all stakeholders to respond, a webpage had been set up and the questionnaire was available on the site.
- The proposals for alternative respite arrangements were positively received and many services users hoped to explore these alternatives further once decisions had been made.
- Respite was sometimes cancelled due to emergencies, users were becoming more interested in personalised budgets to take more control of the services they required and along with increased flexibility avoid last minute cancellations.
- The implications of an unexpected increased demand in the need for short respite breaks would be dealt with by commissioning from the private, independent sector. There is a private market providing excellent services more efficiently then the Local Authority.
- Local Authority overheads were much higher then in the private sector which in the main was due to the pay and conditions of the public sector.
- The cost of the Welby is currently in the region of £800,000 per annum. It was anticipated that £400,000 per annum could be saved by closing Welby Community Unit and providing alternative respite options and increased capacity at Colwill.

Recommendations

To th	ne Overview and Scrutiny Management Board –
R.1	The Task and Finish group recommend to Cabinet that the proposals regarding the decommissioning of the Welby Community Unit alongside the increased capacity at the Colwill Lodge facility and further development of personal budgets and the reprovision of residential respite be approved.
R.2	The group felt that the Welby building was not fit for purpose and the costs associated with its maintenance were not value for money. It was accepted by the panel that the forward direction with relation to personalisation gave control to service users and their families and noted the enthusiasm for alternative respite arrangements as expressed through the extensive consultation process.

- Older people struggled to identify their spending on disability related expenses
- Assessment for disability related expenses took a great deal of officer time and there
 were further costs to take into account in the assessment process.
- The removal of the Disability related expenses would make the system simpler, easier to explain and will allow people to work out their contributions by themselves.
- The majority of consultees believed that disability related benefits/expenses should be removed from the financial assessment process.
- Local Authorities across the country are removing contribution caps, currently 1800 service users in Plymouth pay a charge for their services of that number 355 pay the maximum contribution of £270.
- The cap has to be related to the cost of nursing and residential provision, this is required to be under constant review and costs of are likely to increase.
- The majority of Councillors on the Task and Finish group felt that the removal of the cap would penalise those who had made provision for there retirement.
- The majority of responders (37%) agreed that where people could afford to pay a contribution that this should be against 100% of the personal budget. However this was is not the case for people with a Learning Disability (or their carers) with a majority of responders (61%) wanting the council to subsidise services for them irrespective of ability to pay.
- Through the consultation service users have expressed a desire to have simple information on eligibility and charging.

Recommendations

To th	To the Overview and Scrutiny Management Board -		
R.3	The Task and Finish group recommend to Cabinet that Disability Related Benefits are removed from assessable income and therefore the Disability Related Expenses are removed from the financial assessment process to reduce bureaucracy and simplify the process.		
R.4	The maximum contribution should not be set at 100% of the personal budget and a cap on contributions should remain.		
R.5	A transitional period of 12 months and support from social care officers should be implemented to help people whose contributions change.		
R.6	Information provided to service users should focus on eligibility and charging and should be in simple terms and plain English. One to one advice must also be available for those service users whose contributions are likely to change.		
R.7	The consultation process had been extensive and properly carried out.		

Modernisation of older peoples' services

- The service received 8 completed questionnaires out of a possible 80. The returned forms indicate that people who have stayed at Frank Cowl House are generally happy with the service they received. It was thought that the low return rate was due to short stay residents, who, unlikely to return to Frank Cowl House decided not to take part in the consultation.
- Three events at a local Devonport venue were arranged on 10th, 13th and 18th August. At the first event two residents were represented by their families. One family carer felt that the service at Frank Cowl House was not of a good standard and had mixed views about the time their family member stayed at the unit. The second resident was represented by family who were very vocal about wanting their relative remaining at Frank Cowl House but acknowledged that Extra Care Housing would be a good alternative to residential care.
- The Building was outdated and currently does not meet inspection standards there was a lack of en suite bathroom facilities and a lack of wheelchair access to the current toilet provision. The quality of care at Frank Cowl House was excellent despite the poor quality of the facilities.
- There was concern from some members of the group that the consultation process had "bombarded" some of the residents within Frank Cowl House and that they struggled with the concept of extra care and what it could mean for them.
- Consultation was continuing and the Adult Social Care team were planning a further engagement opportunities for families in the consultation process. Consultation had been extensive but there had been little feedback from families.
- The de-commissioning of Paternoster House was successful and residents decided to take advantage of extra care.
- There would be financial implications if Frank Cowl House remained open which translated into approximately £480,000 per annum efficiency savings not being realised.
- The extra care facility would provide forty apartments, a restaurant and 24 hour domiciliary care staff.
- Apartments have been identified for Frank Cowl House residents should they wish to move, no permanent resident of Frank Cowl House will be forced to move.

Recommendations

To the Overview and Scrutiny Management Board-		
R.8	The Task and Finish group recommend to Cabinet that the future direction for residential care for older people is extra care facilities.	
R.9	Facilities within Frank Cowl are outdated and the costs of keeping the building open are unsustainable and not value for money.	

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R.10 It was considered that there had been sufficient consultation with users and their families but that Adult Social Care should provide them with a further opportunity to engage before the end of the consultation process.

SUMMARY OF RECOMMENDATIONS

The following recommendations are commended to the Overview and Scrutiny Management Board for approval.

R.1	The Task and Finish group recommend to Cabinet that:
	 The proposals regarding the decommissioning of the Welby Community Unit alongside the increased capacity at the Colwill Lodge facility are approved Further development of personal budgets and the re-provision of residential respite are approved.
	(Subject to further consultation received before the end of the consultation period)
R.2	The group felt that the Welby building was not fit for purpose and the costs associated with its maintenance were not value for money. It was accepted by the panel that the forward direction with relation to personalisation gave control to service users and their families and noted the enthusiasm for alternative respite arrangements as expressed through the extensive consultation process.
R.3	The Task and Finish group recommend to Cabinet that Disability Related Benefits are removed from assessable income and therefore the Disability Related Expenses are removed from the financial assessment process to reduce bureaucracy and simplify the process.
R.4	The maximum contribution should not be set at 100% of the personal budget and a cap on contributions should remain.
R.5	A transitional period of 12 months and support from social care officers should be implemented to help people whose contributions change.
R.6	Information provided to service users should focus on eligibility and charging and should be in simple terms and plain English. One to one advice must also be available for those service users whose contributions are likely to change.
R.7	The consultation process had been extensive and properly carried out.
R.8	The Task and Finish group recommend to Cabinet that the future direction for residential care for older people is extra care facilities.
R.9	Facilities within Frank Cowl are outdated and the costs of keeping the building open are unsustainable and not value for money.
R.10	It was considered that there had been sufficient consultation with users and their families but that Adult Social Care should provide them with a further opportunity to engage before the end of the consultation process.

Appendix 1



Request for Scrutiny Work Programme Item

1	Title of Work Programme Item	Modernisation of Adult Social Care
2	Responsible Director (s)	Director for Community Services, Carole Burgoyne
3	Responsible Officer	Pam Marsden
		Assistant Director for Community Services (Adult Social Care)
	Tel No.	,
		307344
4	Aim	With regard to proposed changes to services for older people provided from Frank Cowl House, Stirling House and Lakeside; proposed services changes involving Welby and Colwil Lodge and proposed changes to charges for non-residential adult social care services the review panel will:-
		 Review and form an initial view of proposals at the beginning of the consultation period. Consider results of the 12 week consultation period. Review position regarding proposals and make recommendations to the Health and Adult Social Care Overview and Scrutiny Panel in light of consultation results.

5	Objectives	To review the proposals in relation to the modernisation of older people's services against the Council's short-term agenda and long-term vision for the future care and support of older people. To examine the changes proposed to Adult Social Care Charging policy and its impact on service users. To review proposals around changing the future model of short breaks for people with a learning disability. To review the consultation process for the three proposed service changes to ensure that all stakeholders have had sufficient opportunity to respond to consultation activity and their views are taken into account. To review financial and resource implications (including staffing and land) with regard to the proposals. To review the impact on the overall health objectives of the city. To review how the proposals impact on the vision for Plymouth to become "one of Europe's finest, most vibrant waterfront cities, where an outstanding quality of life is enjoyed by everyone."
	Benefits	The review will raise awareness across the city as to whether the proposals will deliver fair and equitable outcomes for services for service users and staff.
	Beneficiaries	Adult social care service users and Carers. Staff Plymouth City Council and its Partners Local Community
6	Criteria for Choosing Topics	Area of potential risk
		Issue of service users interest and public concern, service delivery.
		Level of impact, impact for specific communities (vulnerable)

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7	Scope	Services identified as provided at Frank Cowl House, Stirling House, Lakeside, Welby and Colwill as outlined in Cabinet reports of the 13 July 2010. The discretionary elements of the fairer charging policy as outlined in the Cabinet report of the 13 July 2010.
	Exclusions	Other Adult Social Care services provided from other facilities in Plymouth. Other charging policies not contained within the cabinet report of the 13 July 2010 and non discretionary elements of the fairer charging policy.
8	Programme Dates	August – October

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Timescales	Milestones	Target Date for Achievement	Responsible Officer
	Initial meeting of review panel	August	Ross Jago
	Visit to Frank Cowl House / New extra care facility	August/September	Ross Jago
	Visit to Welby and Colwill	August/September	Ross Jago
	4 session review panel over 2 weeks	August/September	Ross Jago
	Session 1 Proposals over Frank Cowl House		
	Session 2 Proposals Regarding Welby		
	Session 3 Proposals regarding Fairer Charging Policy		
	Session 4 Recommendations	20 October 2010	
	Final report to Health and Adult Social Care Overview and Scrutiny Panel	29 October 2010	

9	Links to other projects or initiatives / plans	All three proposals link to the Council's corporate objectives outlined in Corporate Improvement Priority 3 (helping people to live independently) and Corporate Improvement Priority 14 (Providing better value for money)
		Cabinet paper (ref: C 61 05/06 29/11/05) "Residential Care: Proposals to modernise older peoples' services 2005-2015."
		Department of Health Putting People First: a shared vision and commitment to the transformation of Adult Social Care (2007)
		Department of Health Fairer Contributions Guidance: Calculating an Individual's Contribution to their personal budget (2009)
		Department of Health fairer charging policies for home care and other non-residential social services: guidance for Councils with Social Services responsibilities (2003)
		Putting People First Strategy
		Valuing People Now
10	Relevant Overview and Scrutiny Panel	Health and Adult Social Care
11	Lead Officer for Panel	Giles Perritt
12	Reporting arrangements	Health OSP – 29 July 2010 Overview and Scrutiny Management Board – Chairman's Approval Cabinet – 16 th November 2010
13	Resources	Staff time Some costs associated with visits from the panel's budget.
14	Budget implications	It is anticipated funding will be identified within existing budgets.
15	Risk analysis	Not proceeding with this review would mean that proposals would not receive adequate scrutiny before being considered at Cabinet.
16	Project Plan / Actions	Project plan to be prepared by panel

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Appendix 2

Task and Finish Group Modernisation of Adult Social Care

Summary of Consultation Results

The consultation period for all proposals reviewed by the Task and Finish group ended on the 19 October 2010. The Task and Finish group received consultation information up to and including the 3 October 2010 with the intention of adding any further consultation data into the report when received at the Overview and Scrutiny Management Board. The information below is a summary of all consultation data received with regard to the proposals for the Modernisation of short break services for people with a learning disability, the Fairer Contributions Policy, charging within a personalised system and the Modernisation of older peoples' services.

<u>Modernisation of short break services for people with a learning</u> disability

Consultation Process

- The consultation process began on the 26th July and ended 19th October.
- Three consultation events were held for family carers on the 5th & 10th August and the 7th September. During the consultation an independent person arranged by the council was present to ensure the process was carried out fairly and that people's views and opinions were recorded.
- Independent advocates attended the consultation events for example the Older Carers Advocacy Project.
- Letters were sent out to all family carers who had not attended the consultation sessions advising them of the last consultation date in September and offering them opportunity of other sessions or 1:1 appointments if this was not convenient.
- In order to ensure that service users were fully engaged in the process the Council commissioned a dedicated event which was held on the 9th August at the Plymouth Guildhall. The session was facilitated by a theatre group using the 'Play Back Theatre' model of consultation, proven to be highly effective in engaging people with learning disabilities to express their thoughts and views through the use of drama. 22 people with learning disabilities were successfully engaged and able to contribute during this consultation event. Total communication (using photographs, symbols and objects of reference to help people who cannot read) was also used to record people's views during the session.
- The 'Plymouth People First' Self-Advocacy Service have been involved in supporting people with learning disabilities speak up for themselves,

helping to interpret information and represent the views of people not able to attend sessions.

- The Learning Disability Partnership Board (which includes service user and family carer representation and a range of key stakeholders from the independent and statutory sector) received a presentation of the Short Breaks Cabinet paper on 21st July 2010. An update about the consultation process was presented on the 15th September 2010. It was agreed that a separate reference group of people with learning disabilities would look at the consultation process and confirm that it had been carried out properly.
- Following the consultation events the independent person has contacted/visited individual family carers at home where they have requested
- A PCC webpage link for comments has been available for stakeholders

Consultation Results

At the end of the consultation period 77 completed questionnaires had been received out of a total of 168 that were sent out. This was broken down into 59 responses from people with learning disabilities and 18 from family carers.

11 family carers that completed the forms stated that they did not like the ideas for modernisation. However within the forms returned from people with learning disabilities 20 indicated that they did not like the ideas proposed, a further 17 people had said that they did like the ideas.

Emerging themes from questionnaires

- I want Welby to stay open and it is a good place
- I like to see my friends
- I like the idea of the new flats
- I want more to do and to be able to stay up late
- I like the idea of staying with friendly families
- I would like more information about using vouchers

Emerging themes from family carers

Carers are very concerned about the effects of the proposed changes on their lives, including being able to work, anxiety around other providers not knowing how to care for their relative.

- Carers would want to be reassured that the quality and safety of alternative provision is guaranteed.
- The older carers who responded said that rely on a respite service and thought they may not be able to cope if it was not there.

Emerging themes from consultation sessions

We arranged 3 consultation sessions for family carers on the 5th & 10th August and the 7th September. 1 session took place for people with learning disabilities on the 9th August 2010.

Emerging themes from family carers

- Carers did not want Welby to close, improved services should continue on both sites.
- Carers need a range of flexible short breaks that they can rely on.
- Carers would like more information about self directed support and personalisation.
- Carers wanted to be reassured that there would be enough short break provision to cover both planned and emergency need.

1:1 visits or sessions with families

There are a number of planned 1:1 visits by the independent person before the end of the consultation period which will feed into the final report.

1:1 visits by a care manager

A social worker has been visiting families and service users who are using Welby to discuss personal budgets and self directed support. These visits have been positively received and some families and service users have shown interest in developing bespoke individualised care and support rather than continue with their current arrangements . These discussions are in the early stages and will inform the future commissioning plans.

Fairer contributions policy, charging within a personalised system

Consultation Process

A 12-week consultation period was initiated following Cabinet's decision. The consultation period ended on 19th October 2010. The table below sets out the details of the process.

Method	Quantity	Response to date
Postal questionnaires and information pack for service users and carers	3123 questionnaires and information pack sent to service users currently in receipt of a social care community service	546
Telephone response line	Number given out in information pack	57 calls received and responded to
Dedicated consultation page on council website with facility for email responses	101 "hits" noted on website report	
Postal questionnaires and information pack for service providers, consumer interest groups and other stakeholders	40 questionnaires and information pack sent to service providers, consumer interest groups and other stakeholders	1
1:1 visits	Visits offered to individuals following calls to telephone line	4
Consultation events	Focus group sessions offered in information pack sent to service users who were invited to use telephone line to register interest	11

Consultation Results

The responses to date have been categorised into key themes as set out below:

General Issues in relation to Social Care Provision

 Social care should be free at the point of delivery as individuals had contributed to tax and National Insurance all their lives. They should not have to pay towards social care costs. This was an issue outside of the scope of the consultation.

- Importance of disability related benefits due to the increased cost of living for those with disabilities
- Concern that people with savings are penalised for being prudent by having assets taken into account in relation to charging

Specific Issues in response to the consultation questions

- The majority of responders (57%) felt the council should remove Disability Related Benefits/Disability Related Expenses from the financial assessment process.
- However there were significant views expressed by the majority that people with disabilities should have an extra allowance for the costs associated with disabilities and felt their expenses should be taken into account but their benefits not included as income (The council cannot do this under current DH rules)
- The majority of responders (37%) agreed that where people would afford to pay a contribution that this should be against 100% of the personal budget. However this was is not the case for people with a Learning Disability (or their carers) with a majority of responders (61%) wanting the council to subsidise services for them irrespective of ability to pay. 31% of respondents disagreed that contributions are set against 100% of the personal budget and 32% of those who responded did not express a view.
- The majority of responders (48%) felt that the council should take a phased approach to increased charges for people who may have to contribute more for their care as a result of any changes to the contributions policy
- This policy area is particularly complex and considerable attention
 was taken in trying to simplify the questions and provide support to
 help people understand the implications. As a result we have
 recorded any comments that people made about accessibility of the
 issues. 5% of all responders reported some difficulty in
 understanding the questions. In the majority of cases contact was
 made with individuals to assist.

Modernisation of older peoples' services

Consultation process

At the start of the consultation process there were 8 permanent residents at Frank Cowl, 12 older people accessing short stay beds and 35 staff with a range of roles including domestic, kitchen care and management.

The following is a synopsis of the consultation:

- The consultation process started on the 26th July and will end 19th October in line with best practice guidelines.
- A series of three consultation events have been arranged at Welcome Hall Devonport to accommodate up to 25 people per event,
- A webpage link for comments has been set up
- Emails and letters have gone out to key external stakeholders such as older peoples groups, Age Concern, NHS Plymouth and LINKS.
- Letters explaining the consultation have been given to the current service users after telephone contact had been made to families to see if they wished to be present.
- In total 80 people received letters and questionnaires to include the 60 people that had used the service over the last 12 months.
- A further 30 questionnaires have been placed at Frank Cowl and approximately 10 taken down to the local Devonport Regeneration Company.
- Relatives of the permanent residents have been offered opportunities to express their views and those relatives who had not expressed any feedback and had permanent relatives at Frank Cowl were contacted during September again to make offers of one to one meetings.
- During the consultation an independent officer arranged by the Council
 was present to ensure the consultation process was carried out fairly and
 took opinions into account and 1:1 visits at the convenience of families
 have been offered.
- An advocate from Plymouth Highbury Trust has been to see all the Frank Cowl residents and recorded their views.
- During September letters and consultation questionnaires went to other key stakeholders including Devonport Regeneration Company to try to engage the wider community. During September a further letter will be

sent again to the relatives of the 8 permanent clients to offer further one to one meetings with the independent consultant and remind people of the end of the consultation period.

- A consultation room has been set up which shows the new Devonport Extra Care Scheme plans so that residents and staff are informed about the new development due to open in January 2011.
- Staff at Frank Cowl will be given the opportunity to visit an extra care scheme during September.
- Formal consultation with staff is not appropriate at this stage as no longterm decision has been made about the future of Frank Cowl House.

Consultation results

Written Questionnaires

To date we have received 8 completed questionnaires out of a possible 80. The returned forms indicate that people who have stayed at Frank Cowl House are generally happy with the service they received. Additional comments collated from the questionnaires include:

- 1 respondent felt that there should be an increase in short stay residential facilities where people can be supported to make a decision about their long term future when they are unable to stay in their own home.
- 1 respondent was unhappy about their stay because of the lack of privacy and outdated facilities.
- 1 respondent felt that there was not enough staff and that he felt his care was rushed.
- 1 respondent thought that there should be permanent places available for people to prevent loneliness and did not support the closure of Frank Cowl House.
- There was praise for the care provided by staff.
- More extra care schemes should be developed to give choice.
- There should be an increase in short stay availability on discharge from hospital to aid recuperation
- There should be an increase in choice of types of care provision, on returning home after hospital.

Consultation Events

Three events were arranged at a local venue on the 10th, 13th and 18th August. At the first event two residents were represented by their families. There was a mixed response from this event in that one family carer felt that the service at Frank Cowl House was not of a good standard and had mixed views about the time their husband stayed at the unit.

The second resident was represented by family who were very vocal about wanting their relative remaining at Frank Cowl House but acknowledged that Extra Care Housing would be a good alternative to residential care.

The final two events did not have any attendees.

1: 1 Advocacy

To ensure that we have captured all the views from both the long and short stay residents we commissioned an advocate from Plymouth Highbury Trust to visit and gather their wishes and views. These have been recorded on an individual basis.

Emerging themes from this piece of consultation include the following:

- Residents all wish to stay at Frank Cowl House.
- 2 people would consider option of extra care housing

1:1 visits to families

An independent officer has been commissioned to ensure that we approach the consultation in a fair and transparent way. Families and relatives who have been unable to attend the consultation sessions have been offered a visit at their convenience. To date we have offered this to all families and the officer has completed visits to 2 families to gather their response. Indications so far are that the 2 families contacted did not want a change to their current arrangements.

Visits to Extra Care Housing

To date all permanent residents have declined to visit extra care housing however staff visits had taken place in September.

Response from Age Concern and Senior Citizens Forum

" would be concerned about the potential loss of a local facility in particular the loss of local respite as Devonport is set to grow with more housing for older people" (Chair of Senior Citizens Forum)

"it would be a sad loss and a reduction in choice for older people, how easy would it be for people to find short term placements within the private sector as this is not always viable for private sector homes." (Age Concern)